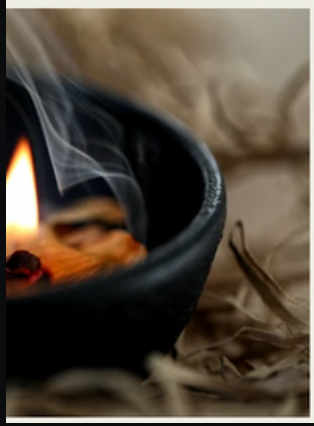
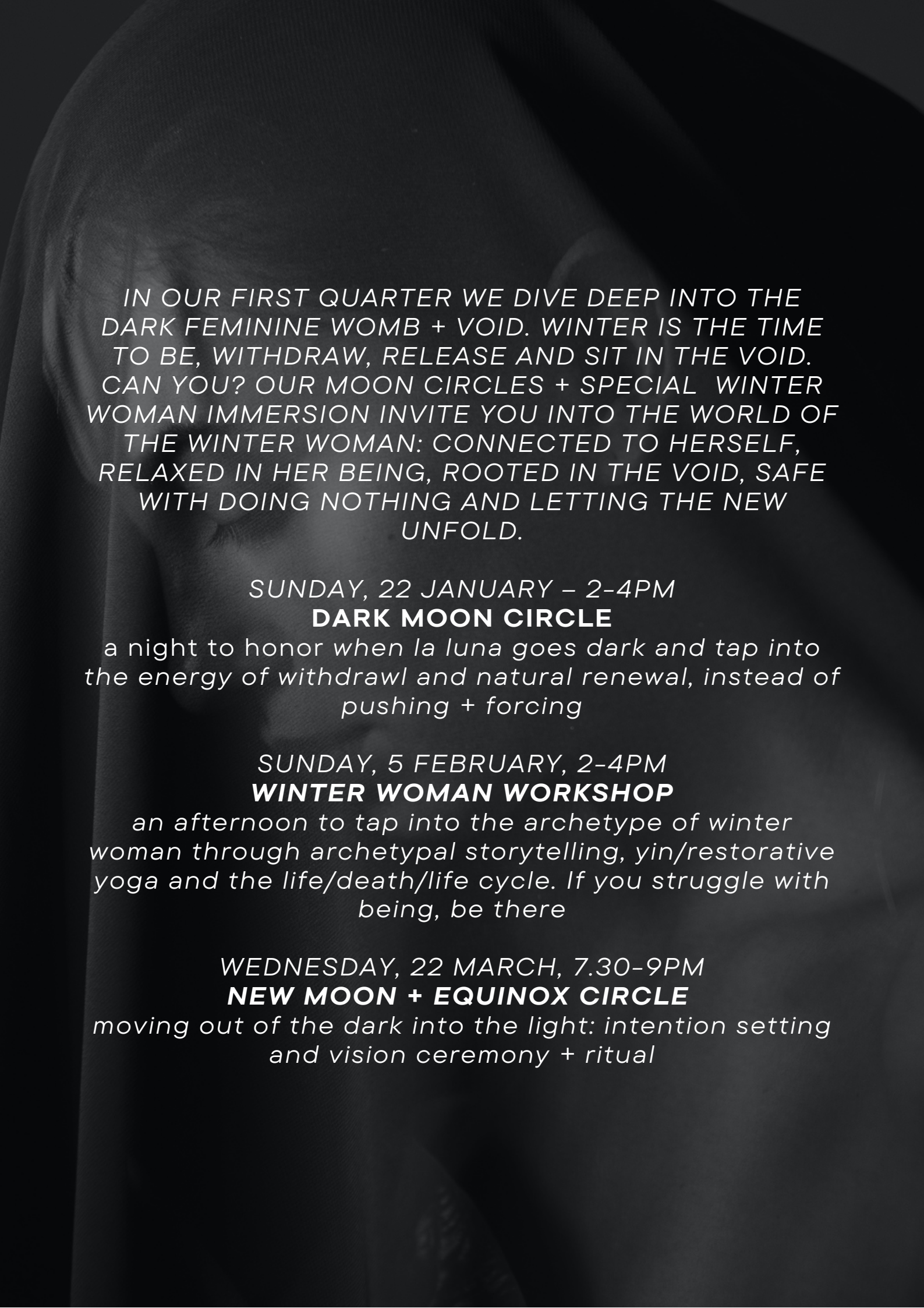
SACRED CIRCLE

2023



AGENDA + OVERVIEW OF IMMERSIONS



IN OUR FIRST QUARTER WE DIVE DEEP INTO THE DARK FEMININE WOMB + VOID. WINTER IS THE TIME TO BE, WITHDRAW, RELEASE AND SIT IN THE VOID. CAN YOU? OUR MOON CIRCLES + SPECIAL WINTER WOMAN IMMERSION INVITE YOU INTO THE WORLD OF THE WINTER WOMAN: CONNECTED TO HERSELF, RELAXED IN HER BEING, ROOTED IN THE VOID, SAFE WITH DOING NOTHING AND LETTING THE NEW UNFOLD.

SUNDAY, 22 JANUARY – 2-4PM
DARK MOON CIRCLE
a night to honor *when la luna goes dark and tap into the energy of withdrawl and natural renewal, instead of pushing + forcing*

SUNDAY, 5 FEBRUARY, 2-4PM
WINTER WOMAN WORKSHOP
an afternoon to tap into the archetype of winter woman through archetypal storytelling, yin/restorative yoga and the life/death/life cycle. If you struggle with being, be there

WEDNESDAY, 22 MARCH, 7.30-9PM
NEW MOON + EQUINOX CIRCLE
moving out of the dark into the light: intention setting and vision ceremony + ritual

OUR SECOND QUARTER IS ALL ABOUT THE SENSUAL SPRING AWAKENING, AKA THE MAIDEN AND LOVER ARCHETYPE OF THE FEMININE. LET'S GET PLAYFUL, LIGHTHEARTED AND SENSUALLY AWAKENED.

SUNDAY, 2. APRIL, 2-4PM
MAIDEN ARCHETYPE IMMERSION
a deep dive into the maiden archetype and how to bring more playfulness, creativity + joy in your life

FRIDAY, 5 MAY, 7.30-9PM
FULL MOON CIRCLE

WEDNESDAY, 21 JUNE, 7-9PM
LOVER ARCHETYPE IMMERSION + SUMMER SOLSTICE
tap into, explore or deepen into the lover archetype, the feminine side that is devoted to beauty, love and evoking love + passion. Bring more confidence into your sensual relationships + more pleasure into your everyday life while holding the yearning for that you desire dear to your heart.

OUR VENUE FOR THE
FIRST HALF YEAR IS IF
NOT OTHERWISE
INDICATED THE STUDIO
OF YOUNION YOGA

find all information +
how to get there here